

Creating the relationships you need and want.

humanpotentialplus⁺

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www.humanpotentialplus.com

HPP Level 1 Workshop

3 Full Days

Date: Check website for dates.

Location: The Magnolia Manor

Cost: \$600

Includes: Accommodations on a beautiful country side property. Home cooked food.

(2 breakfasts, 3 lunches, 2 dinners)



Registration:

Limited registration, Save \$50 off cost with full payments 2 weeks in advance.

Check website for further details. Call: (647) 401-7929 or Email: info@humanpotentialplus.com

Brian O'Reilly began coaching and giving seminars on human potential at the age of seventeen. For the past 30 years, he has coached amateur, professional and Olympic athletes as well as business professionals and executives. Brian and his wife Bonnie have worked with youth and their families for the past 15 years. They operate a parent model group home and treatment foster program for several Children's Aid Societies. Brian's passion and understanding of human behaviour acts as a catalyst in organizations and individuals, helping them reach new levels of effectiveness in their personal and business lives.

Relationship Renovations

At Human Potential Plus we believe that happiness in life comes from the balance between relationships at home and relationships at work. The ability to understand relationships will provide you with the power needed to get along with the people you want to and need to in order to improve your life. Knowing the habits that destroy them and choosing a different course of action can breathe new life into relationships, the cornerstone to happiness.

This course brings an understanding of the problems in relationships that keep people from getting along. The course develops pathways to effectiveness through the understanding of basic needs and meeting the pictures of quality we have about ourselves as partners, parents, coworkers, friends, etc. Furthermore, the course encourages the removal of old habits related to external psychology by replacing it with internal psychology; a process we unknowingly practice when our lives are working for us.

DAY 1

- Understand the common problems that create disconnection in our relationships.
- Understand what we do with information and learn how to use this information to make effective choices.
- Understand motivation and our basic needs.
- Understand the process of choice and creating the possibility of change.
- Learn how to negotiate your relationships and choosing happiness.

DAY 2

- Learn the art of relationship coaching.
- Learn how to create intimacy in your relationships.
- Learn how to connect with people who are disconnecting from you.

DAY 3

- Learn the art of mastery coaching vs bossing and putting what we have learned into practice.